

Important Dates

9th March Coaching Fundamentals Clinic

12th March Primary School Coaching Clinic – PLACES LIMITED

15th March Team Nominations Close @ 9am

19th March Primary School Coaching Clinic – PLACES LIMITED

27th March Beginner Umpire Coaching Workshop

28th March Secondary and Open Player Nominations Close @ 9am

29th March Incorporation Workshop

4th April Team Nomination Deposit Due (50%)

4th April Full Rules Information Session @ 6.30pm

6th April Year 2 - 6 Player Nominations Close @ 9am

18th April Team Nomination Balance Due (remaining 50%)

27th April NetSetGO Rules Information Session @ 6.30pm

28th April Opening Round Sundowner

29th April Player De-registration cut-off date

30th April Round 1

Secondary & Open Competitions

1st May Badging Umpire Coaching Workshop

7th/8th May Round 1

Primary Competitions

14th May Regrade Secondary and Open Competitions

21st May Regrade Junior Year 5 and Year 6 Competitions

3rd/4th June NO COMPETITION - Association Championships long weekend

10th June Regrouping of NSG Year 2/3 and Year 4/5 Competitions

1st – 16th July NO COMPETITION – 3 week School Holiday break

19th August Final Round – NSG Year 2/3 and NSG Year 4/5

27th August End of Season Presentations - Junior Year 5 and Year 6



Competition Dates 2022



Perth Netball Association

Competition Dates 2022

	OPEN	JUNIOR		NETSETGO	
DATES		YEAR 9-12, 7/8	YEAR 5 & 6 (Saturdays only)	YEAR 2/3 & 4/5 (Fridays only)	
30 th April	Round 1	Round 1			
6 th & 7 th May	Round 2	Round 2	Grading Round 1	Round 1	
13 th & 14 th May	Round 3	Round 3	Grading Round 2	Round 2	
20 th & 21 st May	Round 4	Round 4	Grading Round 3	Round 3	
27 th & 28 th May	Round 5	Round 5	Round 1	Round 4	
3 rd & 4 th June		Association Championships Long weekend (No Game)			
10 th & 11 th June	Round 6	Round 6	Round 2	Round 5	
17 th & 18 th June	Round 7	Round 7	Round 3	Round 6	
24 th & 25 th June	Round 8	Round 8	Round 4	Round 7	
1 st & 2 nd July		School Holidays (No Game)			
8 th & 9 th July		School Ho	idays (No Game)		
15 th & 16 th July		School Holidays (No Game)			
22 nd & 23 rd July	Round 9	Round 9	Round 5	Round 8	
29 th & 30 th July	Round 10	Round 10	Round 6	Round 9	
5 th & 6 th August	Round 11	Round 11	Round 7	Round 10	
12 th & 13 th August	Round 12	Round 12	Round 8	Round 11	
19 th & 20 th August	Round 13	Round 13	Round 9	Round 12	
27 th August	Round 14	Round 14	Round 10		
3 rd September	Semi Finals	Semi Finals			
10 th September	Prelim Finals	Prelim Finals			
17 th September	Grand Final	Grand Final			



Team Nominations

Split Teams

Clubs must nominate teams into the competition based on the age of the players in the team. Clubs seeking exemptions are required to email pnacompetition@perthnetball.com.au with team breakdown and reasons supporting the request.

1. Unequal Numbers

A team of players across two year groups must nominate into the competition based on the majority of the players' ages.

Example:

A team consisting of 5 x year 5 players and 3 x year 6 players – must nominate into the Junior Year 5 Competition.

2. Equal Numbers

A team of players across two year groups must nominate into the higher aged competition.

Example:

A team consisting of 4 x year 3 players and 4 x year 4 players – must nominate into the NSG Year 4/5 Competition.

Note: A team consisting of mostly Year 5 players has the option to nominate into the Junior Year 5 Competition or the NSG 4/5 Competition.

Game Times

Below is an indication of game times based on previous years. All game times for 2022 will be confirmed subject to team nominations which close on 15th March.

Age	Day	Time	
NetSetGO Year 2/3	Friday 4.10pm		
NetSetGO Year 4/5	Friday	5.05pm & 6.00pm	
Year 5	Saturday	8.00am	
Year 6	Saturday	9.00am	



NetSetGO the PNA Way

Competition Rules NSG 2/3 and NSG 4/5

The NetSetGO 2/3 and 4/5 Competition rules below have been taken from Section 3.10 of the PNA Competition Handbook. If there are any discrepancies, the PNA Competition Handbook prevails.

- 1. All players, coaches, spectators are to abide by the PNA Code of Behaviour.
- 2. No jewellery or non-medical adornments can be worn (taping is NOT allowed).
- 3. Medical bracelets must not be loose. They must be taped.
- 4. Nails must be kept short.
- 5. Ball is size 4 (smaller than a standard netball)
- 6. Goal posts to be 2.3m (8ft).
- 7. All NSG matches start on the siren controlled by the PNA Match Office.
- 8. Strict "one-on-one defence" applies to the player with the ball. Players may defend a shot at goal.
- 9. Footwork: Shuffling on the spot to regain balance allowed without moving down the court.
- 10. Obstruction: A player must defend from a distance no less than 1.2m (4ft).
- 11. Centre Pass: The initial centre pass will be taken by the team that won the toss and all other centre passes shall be taken by the team that did not score the last goal.
- 12. Players are not allowed to dive on the ball. A free pass shall be awarded to the opposing team should this occur.
- 13. The game time should be evenly distributed amongst all players.
- 14. Players should experience all positions over the course of the season.
- 15. Substitutions: are allowed in NSG at any time: The procedure for making a substitution during play is:
 - a. Before entering the court, the substitute shall tag the player leaving the court.
 - b. Both the substitute and the player leaving the court shall not interfere with the play during the substitution process.
 - c. Both the substitute and the player leaving the court shall observe the offside rule when leaving or entering the court.
 - d. Players should be substituted into either only attack positions or only defence positions for the duration of the game.
- 16. A player can only play for 1x Club for the season however on match day if one team is short players then the opposing team may provide players to ensure the game is played.
- 17. All players must register to play with your club; fill in players can purchase a Single Game Voucher (SGV) for \$16.00 which covers them for insurance for one game only.
- 18. Boys may play anywhere on the court there are no restrictions on number of boys in a team.



19. Sidelines:

- a. Coaching is only allowed from outside the court however coaches may move up and down the court to assist with the passage of play.
- b. The coach may request time be held for injured players. This should be done by calling for time and indicating to the umpire that your player is injured.
- c. Spectators must remain stationary during play. They are not permitted to move up and down the sidelines.
- d. The goal lines (or base line) must be kept free for umpire use at all times during the game.
- e. Provide enough room for umpires to move up and down the court.

20. Playing Up:

- a. Players can only play up into the next competition level. For example, a player in the NSG Year 2/3 competition can play up into the NSG Year 4/5 competition only. A player in the NSG Year 4/5 competition can only play up into the Junior Year 5 competition. A year 5 player in a NSG Year 4/5 team can play up into a Year 6 team only if that club doesn't have a Year 5 only team.
- b. Within the NSG Competition, the 'playing up" rule is only limited to playing up a year group, not within their own competition. Any year 2/3 team can borrow players from another team in that competition from their club. Likewise any year 4/5 team can borrow players from another of that club's year 4/5 teams.
- c. Where playing up is allowed, it is the Club's responsibility to ensure players playing up have the skills and are a suitable standard to cope with the higher level competition.
- 21. **Playing down:** Players may not play down into a lower year group after submission of teams without an approval to play down. i.e. Players in the NSG 4/5 Competition are not eligible to play DOWN into the NSG 2/3 Competition
- 22. No refunds of affiliation fees can be given for a player once they have taken the court.
- 23. Net Set Go Year 2/3 Competition is designed for Year 2 and Year 3 school-aged players. Net Set Go Year 4/5 Competition is designed for Year 4 and Year 5 school-aged players. Players MUST play in the competition according to their school age.
- 24. Players in year 5 at school have the option to play in the Junior Year 5 Competition or in the NSG 4/5 Competition.
- 25. No ladders are kept for NSG 2/3 and NSG 4/5. Players receive a medal from NWA and a certificate from PNA
- 26. The team listed first in the fixtures and on the scorecard is the scorer. The second mentioned team is to time the game. Scoring team to collect the scorecard. Timers and Scorers must stand together throughout the game.
- 27. Game Times: 4x10 minute quarters; 2 minute quarter breaks; 4 minute half-time. The Match Office siren overrides the timer.
- 28. For all other rules please see competition rules in PNA Competition handbook.



NetSetGO Primary Competition FAQs

Frequently Asked Questions	NSG Yr 2/3 and Yr 4/5 Competition	Junior Year 5 Competition	Junior Year 6 Competition
What competition rules apply to my team?	"NSG PNA WAY"	"FULL NETBALL"	"FULL NETBALL"
, ,	R4.1.5-Qualification-Rules-NetSetGo-Match-	R4.1.4-Qualification-Rules-Junior-Years-5-6-	R4.1.4-Qualification-Rules-Junior-Years-5-6-
	Play-Rules	Competition	Competition
What size netball does my team use?	Size 4 Netball	Size 4 Netball	Size 5 Netball
What size goal post will my team use?	2.3m	3.05m (full height)	3.05m (full height)
How long do my players have to pass the	Up to 5 seconds	Up to 4 seconds –	Up to 3 seconds
ball?		PNA encourage you to teach your players to	·
		release the ball within 3 seconds.	
What's the difference with substitutions?	Substitutions are allowed in NSG at any time.	No substitutions are allowed during play unless	No substitutions are allowed during play unless due
	On match day if one team is short players the	due to injury or blood ruling.	to injury or blood ruling.
	opposing team may provide players to ensure		
	the game is played.	No players may fill in for the opposition.	No players may fill in for the opposition.
	Refer to points 14 and 15 in "NSG PNA WAY"		
	for more information.		
Who takes the centre pass?	Non – scoring team	Centre pass alternates between the teams	Centre pass alternates between the teams
	Eg. If Team Yellow scores a goal, the centre	regardless of which team has scored the last	regardless of which team has scored the last goal.
	pass will then be taken by Team Green. If	goal.	See "How to" Junior Scorecard
	Team Yellow score a goal again, then Team	See "How to" <u>Junior Scorecard</u>	
	Green will take the centre pass again.		
	See "How to" NSG Scorecard		
What distance is considered obstruction?	Less than 1.2m (4ft).	Less than 0.9m (3ft)	Less than 0.9m (3ft)
Can a player move with the ball?	Shuffling on the spot to regain balance is	Stepping is prohibited.	Stepping is prohibited.
	allowed without moving down the court.		
Where should I stand to coach?	Coaching is ONLY allowed from outside the	Coaching is ONLY allowed from outside the	Coaching is ONLY allowed from outside the court.
	court. Coaches may move up and down the	court. Coaches MUST remain stationary.	Coaches MUST remain stationary.
	court to assist with the passage of play.		
	Keep baseline free from coaches and	Keep baseline free from coaches and spectators	Keep baseline free from coaches and spectators
	spectators		
Will there be finals for my team?	No Finals	No Finals	No Finals
	NWA Medallions and PNA participation	PNA Medallions for the team/s that finish top	PNA Medallions for the team/s that finish top of
	certificates rewarded to all participants.	of the ladder.	the ladder.
Are there ladders for my team?	Score Kept	Scores and Ladders updated on MyNetball	Scores and Ladders updated on MyNetball
	No Ladders		
	Focused on participation		
Who is this Competition designed for?	School age Year 2 - Year 5 participants.	School age Year 5 participants.	School Age Year 6 participants.



How to Complete a Scorecard

Perth Netball Association / Spring Open Competition SCORESHEET **Absolutely Fabulous** Bee Stars b51735 TEAM A Quarter 7:40 pm Spring 2021 Open Division 1 PNA / CRT21 13 Oct 2021 COURT DATE TIME ROUND player positions for each quarter Caution

> Place a (C) next to
the name of any player
given a warning during
the game Team A: Absolutely Fabulous Team B: Bee Stars Q1 Q2 Q3 Q4 PLAYER NAMES PLAYER NAMES Q1 Q2 Q3 Q4 GS GA GA WAGS Ellie Cusack Bee Balchin MA Alice Di Vincenzo (W) WA Ciara Hillery GK GK GK Michelle Gopfert C WA WAGA 3 Ainslie Morris 100 WO GO GO Tara Norwood 4 GSIGA GD GD GO WO Jamela King 5 Taryn Robinson WA C C 6 Ellen Taylor-Hawkins GS GS GS 6 Jordon Shaw Julia Vincent 7 GA GK GK angela jarrott 8 Sharnae Zanotti GKGK DESS WARD (NR) GO 9 Warning > Place a (W) next to the 10 10 11 name of any player given a warning during the game 11 12 12 FILL IN PLAYERS FILL IN PLAYERS TELEPHONE (SGV 22222) WA WO WO C DYSON (PLU DIV 4) GA GA GA Jemima Playing UP COACH: JAY OCEAN Coaches > Coaches to print their full name COACH: SALLY ASSISTANT COACH: ASSISTANT COACH GOALS & ATTEMPTS: Absolutely Fabulous GOALS & ATTEMPTS: Bee Stars G G/A G G/A POS GOALS = | ATTEMPTS = + POS GOALS = | ATTEMPTS = + G/A G G/A GS Q1 1 GA GS Not Required 1 GA GS Q3 1 GA GS GS Q4 Q4 1 GA GA 1 CENTRE PASSES B PROGRESSIVE SCORE: Absolutely Fabulous PROGRESSIVE SCORE: Bee Stars 21 22 23 24 25 25 27 28 29 30 31 32 33 34 35 35 37 39 39 40 22 Score Recording Score Recording

>Record each goal scored by crossing the next number. Circle
the last goal scored for each quarter and write the final score
at the end of each quarter in the corresponding box. 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 41 42 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 61 62 81 82 83 84 85 88 87 88 89 90 91 82 83 54 85 86 87 89 99 100 Q3 14 Q2 9 Q4 19 7 Q1 5 Q1 Q4 21 92 13 MATCH WON BY: BEE STARS SCORER 1 S Not Required TIMER I SIGNATURE TIMER 2 SIGNATURE: UMPIRE SIGNATURE: WES KYTE UMPIRE SIGNATURE: BELLA TACK CAPTAIN SIGNATURE: CAPTAIN SIGNATURE:





Only an official PNA score card shall be used.

The first mentioned Team shall provide the Scorer. The second mentioned Team shall provide the Timekeeper. If there are no Pads on the Goal Posts each team is responsible for collecting and placing the Pads on the Goal Posts Scorecards will indicate if Teams are to remove the Goal Pads at the completion of the game.

The game cannot start until an appropriate Scorer and Timekeeper are in Control.

The Scorer and Timekeeper <u>MUST</u> stand together level with the centre circle.

The Scorer and Timekeeper should remain unchanged during the game except in the event of illness or injury.

No protests will be entered into regarding scoring or timing. It is the responsibility of the Scorer and Timekeeper to work together and check each other to ensure the game result is accurately recorded.

Each Team is responsible for completing the Scorecard details for their Team.

	NetSetGo – All games MUST commence and finish on the siren.		
Quarter Lengths	10 mins		
Breaks	2.4.2 mins		

Timekeeping:

- A suitable timing device with sound must be used. Mobile phones are NOT suitable and should not be used.
- It is the Timekeeper's responsibility to notify the closest umpire when there is 10 seconds remaining in the
 quarter. The Timekeeper should then follow the umpire until the timer sounds. It is the Umpire's whistle that stops
 play at the end of the quarter.
- Timekeepers will also take time in accordance with Injury, Illness, Blood rule or Player suspension a second
 timekeeping device is preferred (the scoring team should make their timer available as well). Illness, Injury or
 Blood Rules should be 30 seconds in length with Player Suspension being 2 minutes. When 10 seconds remain
 prior to the end of the stoppage Timekeepers should notify the Umpires.

Scoring:

- Collect scorecard from the scorecard holder located near the Match Office no less than 15 minutes prior to the game. The Scorecards will be printed with all game information including the names of the Players registered to play in that Team.
- Scorecards must be completed in <u>PEN</u> only.
- Players positions <u>MUST</u> be recorded in the box relating to the quarters that they are on the court. Players who
 do not take the court must be crossed off the scorecard.
- Check Players are accurately listed. Any Player not listed will need to have indicated Single Game Voucher (SGV), Casual Fill-In Voucher (CFV), Playing Up (P/Up) and the division the player is playing up from or New Registration (NR) next to their name.
 - NOTE adding NR against a player's name does <u>NOT</u> replace the requirement to register the player prior
 to taking the court. If you need assistance to register a player on Match Day please visit the Match Day Office
 however this must be done prior to the player taking the court.
- Players' names can be added to the Scorecard during the course of a game, but must not exceed ten (10) players (unless an exemption has previously been granted).
- . The Scorer shall keep a record of all successful shots and record each centre pass taken by each team.
- It is the Scorer's responsibility to notify the Umpire closest to them of the correct centre pass if the Umpire has
 indicated this incorrectly. This must be done prior to the whistle being blown to start play. Where an incorrect
 centre pass was taken and the whistle has already been blown, the scorer should notify the umpires at the next
 interval however no changes can be made.
- The Scorer is to mark the score with a single (/) through the score and is to write the last goal of each quarter in the boxes underneath the goals.
- . Score cards must be signed by Captains and Umpires. Umpires are also required to PRINT their names legibly.
- It is the responsibility of the winning team to hand in the Scorecard to the Match Office immediately following the
 match. NOTE If a Scorecard is accidently taken from the grounds and not handed in please contact the PNA
 office immediately on PH: 9387 7011





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Scorecards will indicate if Teams are to remove the Goal Pads at the completion of the game. The game cannot start until an appropriate Scorer and Timekeeper are in Control.

The Scorer and Timekeeper MUST stand together level with the centre circle.

The Scorer and Timekeeper should remain unchanged during the game except in the event of illness or injury.

No protests will be entered into regarding scoring or timing. It is the responsibility of the Scorer and Timekeeper to work together and check each other to ensure the game result is accurately recorded.

Each team is responsible for completing the scorecard details for their Team.

	Junior Year 5-6	Junior Year 7-8	Junior Years 9-12	Open
Quarters	10 mins	15 mins	15 mins	15 mins
Breaks	2,4,2 mins	3,5,3 mins	3,5,3 mins	3,5,3 mins

Timekeeping:

- A suitable timing device with sound must be used. Mobile phones are NOT suitable and should not be used.
- It is the timer's responsibility to notify the closest umpire when there is 10 seconds remaining in the quarter.
 The timer should then follow the umpire until the Timer sounds. It is the Umpire's whistle that stops play at the end of the quarter.
- Timers will also take time in accordance with Injury, Illness, Blood rule or Player suspension a second
 timekeeping device is preferred (the scoring team should make their timer available as well). Illness, Injury or
 Blood Rules should be 30 seconds in length with Player Suspension being 2 minutes. When 10 seconds
 remain prior to the end of the stoppage the timekeeper should notify the closest umpire.

Scoring:

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- Scorecards must be completed in <u>PEN</u> only.
- Players positions <u>MUST</u> be recorded in the box relating to the quarters that they are on the court. Players who
 do not take the court must be crossed off the scorecard. Players who do not take the court must be crossed off
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 players (unless an exemption has previously been granted).
- The scorer shall keep a record of all successful shots and record each centre pass taken by each team
- The scorer is to mark the score with a single (/) through the score and is to write the last goal of each quarter in the boxes underneath the goals.
- · Score cards must be signed by Captains and Umpires.
- It is the responsibility of the winning team to hand in the scorecard to the Match Office immediately following
 the match. NOTE If a scorecard is accidently taken from the grounds and not handed in please contact the
 PNA office immediately on PH: 9387 7011.

Blood Rule:

Please note the Blood rule falls under the injury/illness rule and any player with blood is required to leave the court within 30 seconds, unless in extreme injury when the player cannot be moved.