



Rolling Substitutions

A 'rolling sub' is the substitution of an on-court player with an off-court player during the game. There is no stoppage, and the substitution must be immediate.

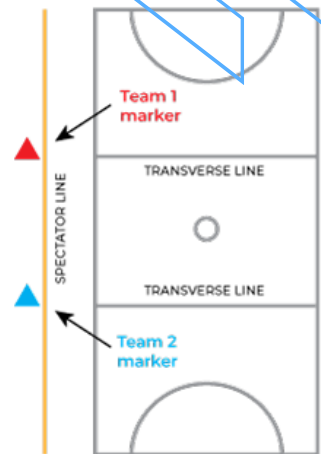
PREMATCH SETUP

Each team will have its own substitution area on the same side of the court as the scorer and timer.

Prior to the match starting, teams place a cone or marker in line with one of the transverse lines, just behind the yellow spectator line.

The umpires should confirm the substitution area with each team before the match commences.

The marker for each team stays the same for the duration of the game.



PROCEDURE FOR ROLLING SUBS

- A rolling sub can take place at any time during play.
- The player about to 'roll on' must stand beside their team marker.
- The player 'rolling off' MUST tag hands with the player waiting to go on at the team marker. A bib swap may also need to occur here.



Player rolling on must wait within 1 step of their marker.

- The 'roll on' player may now enter the court observing the offside rule i.e move around the outside of the court before entering an onside area correct to their playing position.

A player rolling off or on the court during a Rolling sub, must observe the Offside rule. The Rolling sub must also not interfere with the movement of the umpires.

SANCTIONS

Offside during a Rolling sub >

Free pass where the offside occurred, unless this disadvantages the non-infringing team, whereby advantage would be applied.

Interference with the umpire movement >

Free pass where the ball was when the interference occurred, unless this disadvantages the non-infringing team, whereby advantage would be applied.



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Frequently Asked Questions

Q: Does every team need to have 2 sets of bibs for Rolling Subs?

A: No. Whilst having two matching sets of bibs makes the process quicker, PNA understands the financial impact of each team having two sets of bibs and is not recommending this as a requirement. Bibs can be quickly exchanged at the substitution area.

Q: How are Rolling Subs recorded on the scorecard?

A: Teams only need to record the first position played by each player in each quarter. This means each position may appear against more than one name. Any further substitutions do not need to be recorded.

Q: What if the Rolling substitute is the Centre player?

A: If a team's Centre is involved in the Rolling substitution, the change must not affect the timing or delay play at a centre pass i.e. After a goal is scored and your team has possession of the next centre pass. This will be deemed delaying play and result in a Penalty pass which is advanced.

Q: What happens if an umpire doesn't see a Rolling Sub infringement?

A: The umpire's priority should always be what is happening on court. Should an infringement occur that is unsighted by an umpire, play shall continue uninterrupted.